



★ C M T ★  
S A N J O S E

## CMT COVID-19 HEALTH AND SAFETY GUIDELINES

Dear Parents,

First and foremost, we hope that you and your loved ones are safe and healthy. We know this pandemic has been stressful to many and recognize that socializing and interacting with peers can be a healthy way for children to cope with stress and connect with others, particularly after spending quite a bit of time at home. After careful thought and planning, we are excited to offer limited in-person programming to our families for the 2020-2021 Season that follow current CDC and County requirements to protect campers, families, and our community.

The health and safety of our students and staff remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible. We are:

- Intensifying cleaning and disinfection practices within our facilities and premises by cleaning and disinfecting frequently touched surfaces after each use (e.g. door handles, bathroom stalls, faucets, etc.), cleaning and disinfecting objects if they are shared (e.g. art supplies, props, etc.), and arranging for daily deep cleaning by janitorial staff after hours.
- Keeping students in stable small groups and spacing them out with floor markers inside of the studios, and chalk indicators outdoors. Group sizes will align with current County requirements.
- Implementing new drive through procedures to limit social interactions during highly trafficked drop off and pick up times.
- Screening for symptoms and taking temperatures for all students and staff upon arrival. We are also asking that families help in this effort by screening your children for symptoms each day before arriving at the studios. Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, and loss of taste or smell.
- Limiting the number of items that are shared or touched between students and staff by providing individual supplies to each student and keeping a student's belongings separated from others and hung on individually labeled hooks.
- Promoting healthy hygiene practices by emphasizing the importance of washing hands with soap and water for at least 20 seconds, monitoring students to make sure they are washing their hands properly, providing students with hand sanitizer with at least 60% alcohol when transitioning between spaces, and posting signs about these healthy habits around the facility.
- Requiring all staff and students to wear a cloth face covering as mandated by State and County guidelines. Students will be allowed to remove masks during designated water/snack breaks only. Social distance will be strictly enforced by staff members during these breaks.
- Requiring all families to report any potential COVID-19 exposures within their households. If a report is received, the CMT Contact Tracer will contact local health officials and follow State and County guidelines for Contact Tracing.

- Asking anyone who is sick or was sick with COVID-19 or recently came in contact with someone with COVID-19 in the last 14 days— including staff, students, and families— to stay home. New cases/exposure must be reported to CMT Staff immediately.
- If a child does get sick while on site, we have identified an area where they can rest, be watched after, and safely isolate from others. We will communicate with parents or caretakers directly and, if necessary, arrange for the child to be taken to a healthcare facility for care.

All participants are required to acknowledge their understanding of the plan outlined above by signing the COVID Health and Safety Waiver upon registration.

If you have a specific question about this plan, please contact CMT Staff by emailing [registration@cmts.org](mailto:registration@cmts.org).

We look forward to seeing you.

Thank you and stay healthy,  
CMT Staff