



CMT COVID-19 HEALTH AND SAFETY GUIDELINES

Dear Parents and Performers,

First and foremost, we hope that you and your loved ones are safe and healthy. We know this pandemic has been stressful to many and recognize that socializing and interacting with peers can be a healthy way to cope with stress and connect with others, particularly after spending quite a bit of time at home. After careful thought and planning, we are excited to offer limited in-person programming to our families for the 2020-2021 Season that follow current CDC and County requirements to protect performers, families, and our community.

The health and safety of our performers and staff remain our highest priority. Below, you will find a summary of actions we are taking to help ensure we are lowering COVID-19 risk as much as possible. We are:

- Rehearsing this program 100% outdoors by utilizing our back parking lot and parking garage.
- Providing vocal instruction via online teaching videos to limit the amount of singing done in person.
- Intensifying cleaning and disinfection practices within our premises.
- Keeping performers in stable groups of 12.
- Implementing new drive through procedures to limit social interactions during highly trafficked drop off and pick up times. Designating a parking area for older performers.
- Screening for symptoms and taking temperatures for all performers and staff upon arrival. We are also asking that families help in this effort by screening your performers for symptoms each day before arriving at CMT. Be on the lookout for symptoms of COVID-19, which include fever, cough, shortness of breath, chills, muscle pain, sore throat, and loss of taste or smell.
- Limiting the number of items that are shared or touched between performers and staff and keeping each performer's belongings separated from others by designating each performer a specific spot for their belongings.
- Providing performers with hand sanitizer with at least 60% alcohol by having sanitizing stations outside.
- Requiring all staff and performers to wear a cloth face covering as mandated by State and County guidelines. Performers will be allowed to remove masks during designated water breaks only. Social distance will be strictly enforced by staff members during these breaks.
- Requiring all families to report any potential COVID-19 exposures within their households. If a report is received, the CMT Contact Tracer will contact local health officials and follow State and County guidelines for Contact Tracing.
- Asking Anyone who is sick or was sick with COVID-19 or recently came in contact with someone with COVID-19 in the last 14 days— including staff, performers, and families— to stay home. New cases/exposure must be reported to CMT Staff immediately.

- If a performer does get sick while on site, we have identified an area where they can rest, be watched after, and safely isolate from others. We will communicate with parents or caretakers directly and, if necessary, arrange for the performer to be taken to a healthcare facility for care.

All participants are required to acknowledge their understanding of the plan outlined above by signing the COVID Health and Safety Waiver upon registration.

If you have a specific question about this plan or COVID-19, please contact CMT Staff by emailing registration@cmts.org.

We look forward to seeing you.

Thank you and stay healthy,
CMT Staff